

TEAM CAPTAINS' MEETING

Saturday, August 19th

TCM: **AGENDA**

Roll Call
Entries and draw
Timetable
Venue Overview
Courses
Stadium
Weather Forecast
Information from the OC
Information from the TD















TCM: ROLL CALL

EST

• LTU

• GER

NOR

ITA

• SWE

KAZ

TPE

LAT

UKR







Trast Būve









TCM: ENTRIES & START LISTS

















TCM: TIMETABLE

Time		
8:00 – 14:00	Race Office open at City centre	
9:00 – 12:15	Distribution of FF Skate Rollerskis (must be returned after the race)	
9:10-09:25	Mass Start Track open for warm-up Women	
9:30	JUN Women 15 km (7 x 2,1 km) at Madona city	
5 min after finish	Flower Ceremony JUN Women	
10:15	SEN Women 15 km (7 x 2,1 km) at Madona city	
5 min after finish	Flower Ceremony SEN Women	
after last finish	Mass Start Track open for warm-up for Men	
11:30	Junior Men 20 km (10 x 2,1 km)	
12:25	Senior Men 20 km (10 x 2,1 km)	
5 min after SM Race	Flower ceremony for JM and SM	
13:30	Official Prize giving ceremony, at city square	













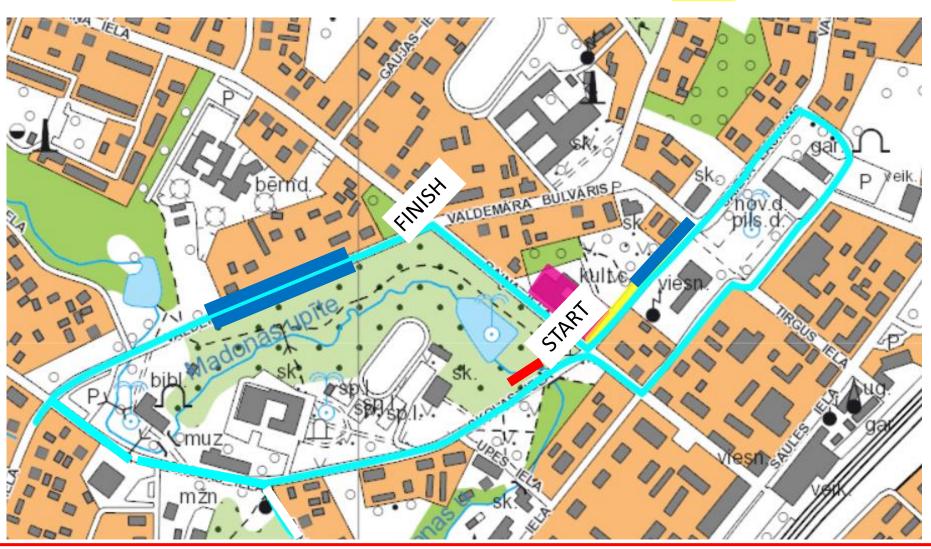


TCM: Venue/Course overview- Mass Start F

Race course

Race Office (WC, Showers, dressing rooms)

Warm-up



No coaching on the sprint street

Limited width marked with red plastic cones

Feeding zone











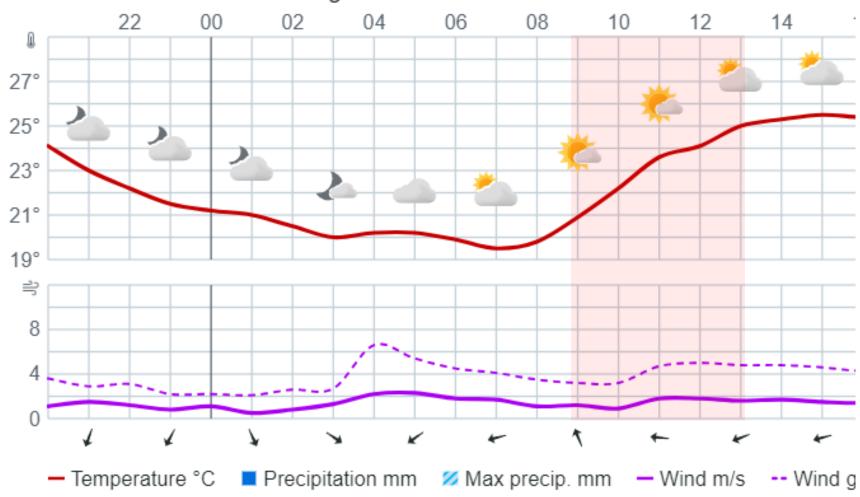






TCM: WEATHER FORECAST

Sun. 20 Aug.



















TCM: Race Office

Office	Location	Opening times
Race office	In Madona city at culture centre Coordinates: 56°51'13.0"N 26°13'02.1"E Tel. +371 29347575; madona.lv	Sunday 8:00 – 14:00

Racing Bibs, Training Bibs, transponders can be received at the Race Office

Racing bibs are available before the start at the race office

Training bibs must be used during the official training and warm-up

Transponders stay with the athlete together with the training bib and must be used in all competitions and after the last race.

In case of loosing bib or transponder, the competitor must pay a fee to the OC (20€ for a bib, 70€ for a transponder).















TCM: ALL THE INFORMATION http://smeceressils.lv/worldcup/



WORLD CUP INFORMATION PAKALPOJUMI SACENSĪBAS REZULTĀTI GALERIJA TRASES NAKTSMĪTNES MOTOTRASE KONTAKTI



















TCM: GENERAL INFORMATION FROM THE FIS TO

In marked zones, local regulation applies. For safety reason, athletes should not actively overtake other athletes.

Please also, note

- ICR 343.2. Ski in the right direction
- 343.10.2. Overtaking
- 343.9. no obstruction

Overlapping rule will apply.

















TCM: GENERAL INFORMATION FROM THE FIS TD







- Helmets, goggles, pole winter basket or >30mm safety tip must be used during the official training and Races
- Training Bibs must be used during the Official training
- Race Bibs or Training Bibs must be used during the Warm-up
- During the official training nobody is allowed on the rollerskis without Training Bib
- Don't use the track in the opposite direction















TCM: GENERAL INFORMATION FROM FF Rollerskis









- Athletes and/or team staff has no right to make any changes at picked rollerskis
- No change of bearings, no oil, no adjustment, no spacers nothing at all
- During the official training and before the competition athlete has a right to declare any technical defect found in distributed rollerskis ask for repairing or change of rollerskis, if it is necessary according to FF Rollerskis

















TCM: GENERAL INFORMATION FROM FF Rollerskis

MODEL FF V Active Classic

WEIGHT 2.1 kg

DIMENSIONS 72.5 × 4.3 cm

WHEEL WIDTH 43 mm

WHEEL DIAMETER 72 mm



MODEL
 FF Active Skate

WEIGHT 1.41 kg

DIMENSIONS 64 × 2.4 cm

WHEEL WIDTH 24 mm

WHEEL DIAMETER 95.6 mm



Purchase after the race: 100€

















TCM: GENERAL INFORMATION FROM THE OC









































































